

Number of Days to Reach 250 Lbs.

<i>Daily Rate of Gain</i>	<i>Initial Weight (in pounds)</i>								<i># of Days</i>
	30	40	50	60	70	80	90	100	
1.5	147	140	133	127	120	113	107	100	
1.7	129	124	118	112	106	100	94	88	
1.9	116	111	105	100	95	89	84	79	
2.1	105	100	95	90	86	81	76	71	



